

Mr. S. G. Gluck

37 Filey Avenue
London N 16 6JL

020 8806 0640/3859

C I R C U M C I S I O N

IMPORTANT INFORMATION FOR AFTERCARE

These notes are for your guidance to help you care for your baby over the next few days.

Your baby may understandably be a bit more irritable over the next few hours and will need extra comforting.

THE NAPPY

It is quite normal to find some stains on the dressing and nappy. This will get lighter at each nappy change as the urine washes out the dry blood. Make sure that baby has passed urine within 6 hours after circumcision, if not, oil the dressing and it should be loosened a little.

If the dressing falls off within the first 24 hours do not worry, provided there is no fresh bleeding. However if there is fresh bleeding, immediately apply a clean sterile gauze to be wrapped around with some pressure and of course do let me know on 020 8806 3859/0640.

THE DRESSING

The dressing consists of a strip of gauze wrapped around under the glans, it is then covered with a little cotton wool.

Following removal off the dressing you will find the penis to look red and raw and possibly slightly swollen. This is entirely normal and will settle over the next 10 to 14 days to take on the appearance of a normal circumcised penis. There may be some oozing from the raw area which may even stain the nappy. This may be creamy coloured and should not be confused with pus. This is to be expected, for this is part of the normal process of healing following this method of circumcision (which is the traditional method of removing the foreskin instantly). If at this time the penis is seen by someone who is not used to seeing babies circumcised by this method they may express surprise at the appearance, even suggesting that the wound is infected. You may reassure them that this is not the case.

If you need any advice at any time please phone 020 8806 3859/0640

I hereby request and consent that Mr. Gluck circumcise my son.

The nature of the operation has been explained to me.

Name of Son..... Date of Birth.....

Address.....

Phone No..... Occupation.....

Name of parent in block capitals.....

Signature of both parents..... Date.....

CIRCUMCISION

AFTER CARE INSTRUCTIONS

THE FIRST 24 HOURS

- 1) For the first 24 hours or so the baby should wear 2 pampers, one on top of the other. The top pamper should be changed as often as usual.
- 2) The dressing should be left on for approx. 24 hours. It is important to apply baby oil or olive oil at every nappy change.

REMOVING THE DRESSING

- 3) The bandage/ dressing consists of a strip of gauze/bandage covered with a layer of cotton wool.

The dressing should be removed approx. 24 hours after circumcision. It is advisable to soak the baby in a warm bath for a few minutes, with a pinch of salt or a drop of Dettol in the water. This will help the dressing come off easier, although it will not fall off on its own. After the bath, dry him, let the penis dry naturally, do not touch or dab it as it is very tender, dress him halfway and make him comfortable on a changing mat on a firm surface. It is advisable that one of you should hold baby's legs firmly while one of you should remove the dressing.

Removal procedure

The morning after the circumcision, remove the top dressing which is cotton wool. It is very important to oil the rest of the dressing at every nappy change. Do not be concerned when you see the penis looking red and raw. Later on, after giving baby a bath you can remove the rest of the dressing. If while you are trying to remove the dressing, the dressing is stuck, oil the dressing and try again later. There is no time limit of when the dressing has got to be removed by, although we do want you to start removing the dressing at least 24 hours after circumcision. Always wash your hands before handling baby to avoid infection. While holding baby and feeding him you can open his nappy which is between his legs to let the air in, just for a few minutes. Never ever leave baby without a nappy.

If you see a little oozing while changing the dressing, powder the area with baby powder and put on another dressing. Keep oiling it at every nappy change to avoid sticking. Remove after 24 hours unless it has fallen off beforehand. If the baby makes a dirty pamper and soils the area, do not be concerned as this will not cause infection, just wet a flannel with warm water and squeeze the warm water on the whole area including the penis. Clean his bottom and between his legs as best you can. Avoid touching or cleaning the penis as it is very tender.

If you prefer me to change the dressing you are welcome to bring baby to my address at 37 Filey Avenue London N16 6JL. Please phone before you come. 020 8806 3859/0640
Kindly avoid calling Friday evening until Saturday night.

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Nature of Operation

Circumcision is the removal of the foreskin.

The method we use is the traditional way where the foreskin is removed instantly.

A sealed sterilized (autoclaved) pack is used for each circumcision performed.

Baby will start crying as his legs are being kept apart ready for circumcision.

A pressure dressing is applied which should be removed the following day.

The wound usually heals within a week although forming of the new skin may take a little longer.